



UKCA Level 2 Basic Skills Course

1 day course for Coaches wanting to develop their knowledge of basic Cheerleading.

The 6 hour course is a mixture of Practical & Theory skills:

Arm Motions, Jump Technique, Cheers, Chants, Choreography, Lesson Planning, Health & Safety.



Participants will leave the course with a recognised **Level 2 GB** qualification and the skills to deliver Cheerleading at a basic level to community groups or schools.

Participants will receive a resource pack and a certificate of completion.



DATE Wednesday 16th February 2011

TIME 9 am – 4 pm

VENUE Dr Challoner's High School

COST £95 per teacher

For further details please contact:
email: ukca@hotmail.com